



書院績效評估 學生各項軟實力皆提升

Performance Assessment Shows RC System Improves Students' Soft Skills

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圖 Photo | 譚金榮·校園記者阮俊蔚、周曉藍 Eric Tam, UM Reporter Edison Un & Blue Chao

澳大在2014年全面推行住宿式書院制度，經過兩年實踐，在書院老師教導，學院教師輔導和同學間的互動學習下，書院生在軟實力各個方面的能力皆有提升。根據最新的兩年績效問卷調查，結果顯示書院教育對學生產生了比較積極和顯著的影響，此具體成果對於剛起步的書院系統給予肯定及鼓勵，也增添澳大落實書院學習的信心。

澳大在2014年全面推行書院制度，至今已設有10所書院，今個新學年更有4,400多名學生入住書院。副校長（學生事務）程海東教授剛在澳大舉辦的

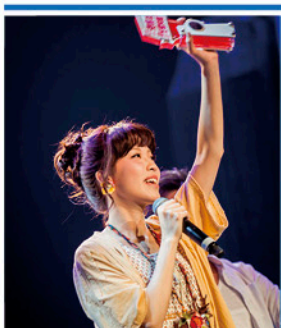
「現代書院制教育論壇」（七月）以及應邀到香港大學，香港浸會大學分享在澳大推行書院系統的經驗（八月），也先後應邀到美國的范德堡大學、韋頓學院、波士頓學院以及西北大學等校發表主題演講。他說：「澳大獨特的書院制度已引起本地和國際的注視，它是澳大本科生教育的亮點之一，強調在課堂以外培養學生的軟實力，是大學育人的本質，給學生成長及發展創造了良好的條件。」（續內文，見第二及三版）

The University of Macau (UM) began to implement a complete system of

residential colleges (RCs) in 2014. Over the past two years, the RC system has had a significant positive impact on the students, as evidenced by the results of a recent two-year performance survey that assessed, among other things, the various soft skills of the students.

Currently there are ten RCs at UM, and this year 4,400 new students moved into the RCs. In July, Prof Haydn Chen, vice rector for student affairs, shared UM's experience in implementing the RC system at the Third Forum on Education of Modern Residential College organised by UM. He has also been invited to speak at the

University of Hong Kong and Hong Kong Baptist University (HKBU) in Hong Kong; Vanderbilt University, Wheaton College, and Boston College in the United States; as well as universities in mainland China. 'UM's unique RC system has already attracted local and international attention. It is one of the things that sets UM apart in undergraduate education,' says Prof Chen. 'It places emphasis on developing soft skills outside the classroom, and creates an environment that is conducive to the student's development, both academically and personally.' (continue reading on page 2 & 3)



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憑歌鼓勵自閉症人士

大四劉蘊晴創作《星伴》的背後

‘Friend of the Stars’ Shares Her Story of Writing a Song for People with Autism

文 Text | 校園記者蟻俊龍 UM Reporter John Nagi

圖 Photo | 張愛華、部分由受訪者提供 Ella Cheong, with some provided by the interviewee

「Somewhere over the rainbow, 我相信你可找得到，然後共我分享這旅途。」電腦熒幕傳來一陣清新悅耳的歌聲，這首名叫《星伴》的歌，在本澳唯一原創歌曲比賽「澳門

至愛新聽力」獲「至愛歌曲獎」，歌曲原創人是澳大會計及資訊管理學系四年級學生劉蘊晴，她一手包辦作曲、填詞以及主唱。大二才開始自學結他，到底是甚麼驅使她走上音樂創作人的路？

Rachel從小就非常喜歡唱歌，後來受到從事音樂創作的朋友影響，就開始自學結他。大三那年她才第一次參加校內歌唱比賽並奪得季軍，「扶青好聲音」是第一次讓更多人聽到她歌聲的舞台，「能獲獎無疑是一種認同和鼓勵，增強了我唱歌的自信。」走小清新路線的Rachel投入音樂創作人短短一年多已小有名氣，她認為社交媒體的普及令更多有才華的音樂人受到關注，令本地原創作品更容易被推廣開去。

除了《星伴》外，Rachel平日亦有為社交媒體「微辣」的短片唱插曲或創作一些純音樂。早前「微辣」改篇自《小幸運》的《520》也是她有份主唱的，在這首歌被瘋傳後令更多人認識她，更在朋友的支持下開了個人Facebook粉絲專頁。Rachel亦是霍英東珍禧書院樂隊「Bom dia」的成員，隨隊走遍校園裡每一個角落為各式各樣的場合進行表演。

除唱歌外，Rachel還是校內不少典禮的司儀，充份利用校園的平台展現她的專業以外的才能。「大學給了我展示音樂才華的空間和培養了我對演出的自信，吸取在校園裡做音樂的經驗以及得到同學們對自己的肯定，堅定了自己在畢業後或未來仍會追逐自己的音樂理想的決心。」

「《星伴》是為鼓勵自閉症人士而創作的，我當時特意到圖書館找一些有關自閉症的書，希望可獲得更多的創作靈感。」劉蘊晴（Rachel）坦言平時較少接觸自閉症人士，她在創作過程中發現他們其實與普通人差不多，只是不太懂表達自己的情緒，「今次邀請我創作歌曲的澳門至友協會有個一對一友誼計劃，即一名志願者配對一名自閉症人士，以朋友的方式陪伴照顧對方一年。而很多時候在這一年計劃完結後，他們彼此之間都會建立起深厚的感情，並成為永久的朋友。」這一點令Rachel大為感動，她覺得志願者不離不棄陪伴自閉症人士就像星星映照著每一位天真爛漫的小朋友一樣，於是便把這體會加入到歌詞之中。

Rachel從不刻意強迫自己創作，她反而更著重感受身邊的生活，平時亦有寫日記的習慣，傾向從生活的點滴獲得創作靈感，「《星伴》的旋律就是我在巴士上想到的，當時不管身邊站著很多人就拿起電話唱錄下來」。



劉蘊晴在舞台上展現個人潛能 (Nico Vong攝)
Lao performs on stage (photo by Nico Vong)

‘Somewhere over the rainbow, I believe you can find it, and then share this journey with me...’ This is a song called ‘Friend of the Stars’, written and sung by Rachel Lao, a fourth-year student from the Department of Accounting and Information Management. This song won the My Favorite Song Award at a local original music competition held earlier.

‘I wrote this song to encourage people with autism,’ says Lao. ‘I went to the library to look for books on autism, hoping to find some inspiration for the song.’ Lao admits that she rarely has the chance to meet autistic people, but in the process of writing the song, she realised that people with autism are actually not much different from ordinary people; they are just not very good at verbalising their feelings. ‘Best Buddies Macau Association, which is the organisation that invited me to write the song, has a best buddies programme. This programme pairs each volunteer with a person with autism. The volunteers take care of their autistic partners and keep them company for a year as a friend. But what usually happens at the end of the one-year programme is that the volunteers and their autistic friends have established such a deep bond that many of them become lifelong friends,’ says Lao. This touches her deeply. She feels the reliable companionship provided by the volunteers to their autistic friends is like the light of stars shining on the faces of innocent children, so she wrote this insight into the song.

Lao never forces herself to write songs. She likes to draw inspiration from the little moments of everyday life and has the habit of writing in the journal every day. ‘The melody of the song came to me while I was riding on a bus, and despite being surrounded by lots of people, I took out my cell phone and recorded the melody right then and there,’ she says.

Lao has loved singing since childhood. In her sophomore year in college, she started to teach herself to play the guitar because of the influence of her musician friends. In her third year at UM, she



《星伴》MV製作花絮
The behind-the-scenes clips of the music video for ‘Friend of the Stars’

participated in a campus singing competition for the first time and emerged as the second runner-up. It was through the ‘Good Voice’ Singing Competition, an event organised by the Rotaract Club of Macau, that more people heard her voice. ‘Winning a prize was certainly encouraging and boosted my confidence in singing,’ she says. With a girl-next-door image, this rookie singer-songwriter has accumulated quite a legion of loyal fans over the past year. She believes social media has made it easier for talented musicians to attract attention and for Macao-produced original music to reach a larger audience.

‘Friend of the Stars’ is not the only song she has created. She also routinely sings songs and writes music for videos on the social media ‘Manner’. ‘520’, a song on Manner adapted from ‘A Little Happiness’, which she sang with another singer, earlier went viral on the internet and made more people know her. With the support of her friends, she has opened a fan page on Facebook. She has often performed on campus as a member of ‘Bom dia’, a student band from the Henry Fok Pearl Jubilee College.

In addition to singing, Lao has also served as the emcee at various events on campus. ‘UM gives me a lot of



霍英東珍珠禧書院樂隊「Bom dia」
Lao is a member of ‘Bom dia’, a student band from the Henry Fok Pearl Jubilee College.

room to showcase my musical talents and boosted my confidence on stage. The experience gained from playing music on campus and the positive feedback from my fellow students have made me more determined that even after graduation I will not give up music,’ she says.



專訪短片 Video



劉蘊晴從小就非常喜歡唱歌
Lao has loved singing since childhood



劉蘊晴首度參加今屆澳門至愛新聽力，憑《星伴》獲頒「至愛歌曲獎」。(Nico Vong攝)
Lao’s song ‘Friend of the Stars’ won the My Favorite Song Award at a local original music competition held earlier. It was the first time Lao participated in this competition. (photo by Nico Vong)